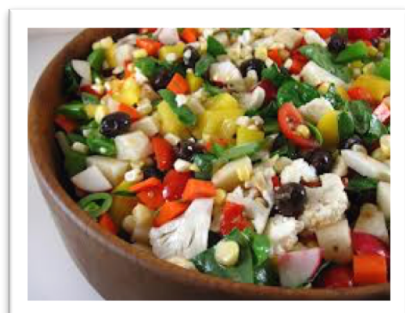


Amrrerican Meals



bagel with lox & cream cheese



chopped salad



General Tso's: Chinese

Breakfast	Lunch	Dinner
cold cereal	hamburger and fries	meatloaf
bagel- cream cheese + lox	chopped salad	spaghetti & meatballs
donut	pizza	Chinese
muffin		Mexican
croissant	Kinds of sandwiches:	Indian
egg sandwich	turkey + Swiss cheese	Thai
toast + butter + jam	tuna salad	Sushi
coffee/tea	egg salad	macaroni & cheese
orange juice	ham and cheese	steak & French fries
milk	pastrami on rye	pork/lamb chop
	chicken salad	fried/roast chicken
	BLT(bacon/lettuce/tomato)	mashed potatoes
	tuna melt (tuna salad + cheese)	baked ham
	grilled cheese (Greek toast)	BBQ ribs (spareribs)
	peanut butter + jelly	
	meatball hero	
	roast beef	

